Ofsted Good Provider

March 2026

SUNSHINE PRE-SCHOOL EXMOUTH LTD



Our Parent Pack

Opening Times

We open Monday to Friday from 8:00 am until 5:00 pm
We are closed on Bank Holidays and observe a scheduled shutdown period from 24 December to 2 January, inclusive.

Sunshine Pre-school Exmouth Ltd

info@sunshineexmouth.co.uk 01395 875432 www.sunshineexmouth.co.uk

Some Points

to consider when choosing the perfect nursery

1.	Rated **'Good'** in **all areas** by Ofsted.	☑	☐
2.	**Founded** and **run** by parents who understand how precious these years are.	☑	☐
3.	**Locally** sourced home-cooked **food, freshly** cooked daily.	☑	☐
4.	**A dedicated, friendly,** and knowledgeable **team** who show an interest in you and your family.	☑	☐
5.	Strong **communication** with you as a family, we create wonderful keepsake memories with our beloved 'All About Me' books, alongside an in-depth handover at the end of the day.	☑	☐
6.	We are covered by **CCTV,** protecting everyone in sight.	☑	☐
7.	Good **location** for access to our community and beyond.	☑	☐
8.	An incredible outside area for your children to explore, including 2 undercover areas for extra protection.	☑	☐
9.	A range of **testimonials** available to read from other parents using the setting.	☑	☐
10.	**ZERO** charges when we are closed.	☑	☐
11.	**EVERYTHING is included –** from nappies, sun cream, wet wipes, spare clothes and everything in between.	☑	☐

Please head over to our social media pages to find out more and see us in action:

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Where Sunshine began

Sunshine Pre-school started life in Littleham, moving a couple of times before settling at Gorfin Hall. Mel and Paul took over in 2014 and quickly adapted to the growing demand and the need for greater flexibility for local families, meaning they extended their offering to provide year-round care.

Rather than fixed sessions, we offer flexible hours to suit your needs, available Monday to Friday between 8 am and 5 pm.

Over the past decade, they've built a strong reputation, deepened their knowledge, and expanded their vision. This led to the creation of Coastal Childcare, and in the years that followed, more settings along the coastline joined the journey - forming part of a bigger picture that everyone is incredibly proud of today.



A flower cannot blossom without sunshine.

At Sunshine, we pride ourselves on giving children and their families a warm and friendly welcome.

We offer plenty of opportunities for your little ones to explore, play, investigate, make friends and become more confident and independent. We are a pack-away setting, which means that we can regularly change the layout of the room, keeping it fresh.

We are always there to help and support you along their learning journey with us.

Our Coastal Curriculum

As part of the Coastal Childcare Group, all settings follow our own beautifully crafted curriculum - designed to spark curiosity, grow confidence, and gently guide each child on their own learning journey. Rooted in play, nature, and creativity, our approach inspires children to explore the world around them in a joyful, pressure-free environment.

We believe that learning should feel like an adventure, not a race. Whether they're discovering tiny creatures in a tide pool, creating stories with shells, or dancing in the sea breeze, our children are gently supported to build knowledge, skills, and a lifelong love for learning - at their own pace, in their own unique way.



We use these areas all year round, whatever the weather!

Trips out and about



Our setting is more than just a spacious, character-filled building - it's a place where outdoor learning is at the heart of what we do. From our covered decked area and large enclosed grassy garden to our dedicated outdoor classroom and workshop, we make full use of our fantastic outdoor spaces every day.

Being located in the heart of a vibrant community also means we regularly venture beyond our gates. Whether it's exploring the golden sands of Exmouth beach, visiting local parks, making trips to the library, or building connections with residents at nearby care homes - we believe learning happens everywhere, and we embrace every opportunity to take our adventures out into the wider world.

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Our wonderful team

Our greatest asset is our amazing team - a group of dedicated, passionate individuals who bring genuine warmth, energy, and care to every part of nursery life. It's this spirit that creates the homely, welcoming environment you'll notice the moment you arrive.

Our team thrives on being hands-on, whether that's diving into messy play, sparking creativity, or sharing those quiet, comforting one-to-one moments. We love celebrating these special times and often share them on our Sunshine Facebook page so you can feel part of the journey too.

We're also proud to invest in our people. Every team member goes through a robust induction programme, complete with safeguarding, first aid, and essential training - ensuring they're confident, capable, and ready to deliver exceptional care every single day.



Andrea
(Manager)



Tori
(Deputy manager & SENDCo)



Emma



Holly

Our Coastal SENDCo - Katie



Katie is our dedicated Coastal SENDCo. Katie's role is to support Tori, our in-setting SENDCo (Special Educational Needs & Disabilities Coordinator), providing day-to-day support for children with additional needs.

Katie works closely with Tori, offering support and guidance, ensuring every child receives the personalised care and attention they need to thrive. She oversees reporting requirements, which allows Tori and the team to focus on building strong relationships with families, collaborating with external professionals, and developing individual support plans.

Together, they ensure every child feels included, supported, and empowered to succeed in our setting.

Our Aims & How We Achieve Them

'We may look after the most precious jewels in your life, but we also look after the crown that holds them... ALL OUR FAMILIES MATTER TO US'

Encourage Friendships

By providing lots of opportunities for social interaction. Encourage child-initiated play with communication with others



Be Positive Role Models

Be happy, be listened to and feel proud, be challenged, and achieve.





Promote Independence

We encourage and support children to become confident individuals.



Develop Curiosity

Our emphasis is on learning through fun & play. We motivate children to explore.

Our home-cooked food



Our delicious meals are freshly cooked each day by our talented cook, with every dish served alongside fresh vegetables or salad and a tasty pudding. All children are also offered a healthy snack, included in our fees. At mealtimes, our team sits with the children to interact, lead by example, and support the younger ones as needed. Children have the opportunity to self-serve their own lunch, fostering independence and confidence.

Sample menu

Snack	Lunch	Light Tea
Fresh fruit	Cottage pie & Seasonal veg	Beans on toast
Croissants and strawberries	Chilli con carne	Sandwich/wrap selection
Cheese and cucumber sticks	Sausage casserole	Pasta bake



Our Chef

Martina is our Coastal Chef and holds a Level 3 qualification in food hygiene. She caters for all allergies and intolerances, including gluten-free, dairy-free, and vegan diets, and adapts the menu to meet each child's individual needs.
Martina can also support children through the weaning stages and is able to purée meals where required. She works closely alongside the Early Years Foundation Stage (EYFS) nutritional guidance to ensure that every meal provides a balanced and nutritious diet.

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When you join us?

When you join us at Sunshine, you're not just choosing a nursery or preschool. From your very first visit, you're becoming part of a caring and close-knit family.

As parents ourselves, we understand how important and emotional it can be to find the right environment for your little one. That's why we offer personalised settling-in sessions and take the time to get to know both you and your child, helping to create a calm and confident start to their journey.

We're proud to provide flexible, home-from-home childcare led by a team of passionate, experienced professionals who are truly committed to giving every child the very best start. Our nurturing, play-rich environment is designed to spark confidence, curiosity, and joy - allowing children to grow at their own pace, in their own way.

We provide EVERYTHING



We've got your backs! We have a fully inclusive offer available to parents, no bags, no stress, no last-minute packing, just a calm, easy start to your day and complete peace of mind for you.

Just drop your child off and leave the rest to us, for just £2.50 per day for under 3s and £1.00 per day for over 3s, we will provide everything they need. Including nappies, wipes, formula milk, bottles, tissues, comforters, sun cream and even spare clothes.

Tailored settling sessions

We offer tailored settling-in sessions designed to help both you and your child feel completely comfortable, confident, and cared for from the very beginning. Every family is unique, so we take the time to get to know you - working at your child's pace to ensure their transition into nursery life is calm, positive, and filled with reassurance.



'All About Me' books

We use a traditional paper-based record system to create a personalised book for each child, capturing their journey with us through photos, artwork, and key milestones. It's a beautiful keepsake that families can look back on and enjoy together for years to come.

While many nurseries have moved to online systems - and we understand their appeal - we believe there's something truly special about holding a unique, handcrafted book in your hands. It's a tangible memory of your child's early years, filled with moments to treasure forever.

Feel part of our family

We're often affectionately known as the Sunshine family - and for good reason. We pride ourselves on offering a warm welcome each day and taking the time to share thoughtful handovers, so you're always in the loop about your child's experiences. There's always someone available for a chat if you have any questions or concerns, and we work closely with you to ensure the very best outcomes for your child.

No charge when we close

We **never** charge when we're closed -it's all part of our commitment to being fair, transparent, and completely risk-free.



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Don't just take our word for it...

What Ofsted have to say:

'Children learn how to keep themselves healthy. Children are particularly keen to take part in physical activities, such as learning to jump and balance in the soft play area.'

'Team provide frequent opportunities for children to develop their small-muscle skills.'

'Team support all children's learning effectively and quickly recognise when children might need additional support.'

'Children are keen to learn. They listen carefully to staff and happily sit ready to take part in group learning times.'

'Team work very well in partnership with parents. They build good relationships with children and their families from the start.'

Please type 476959 into the Gov website to find our inspection, we remain extremely proud of it.

What some of our parents have to say:

'Communication is amazing! I enjoy receiving photos of my child in her "All About Me" book. I also like being updated on activities that the children get up to, and I also enjoy the monthly newsletter!'

'Handovers are amazing, I couldn't be happier. I take a while to become comfortable around new people, but all the staff have made me feel so so comfortable, and I feel I can talk to all of them about anything I need to in regards to my son. You get all the information you need - about their day, what they've played with, what they've been doing in the garden, what they've had for lunch.'

'I have never encountered a day when my child has never wanted me when I leave, cried for me or even upset that I'm not even there. She has fit in with Sunshine, and I wholeheartedly thank you for that. She has settled in remarkably well in her first year, and I am so happy that she is happy. She always has a smile on her face and doesn't want to leave. That's down to each and every one of you.'

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Our Fees

We offer the Government's Early Years Funding programme of **1,140 funded hours per year,** stretched over the **full 51 weeks** that we are open, which equates to **22 hours per week.**

Stretching funding this way allows for greater consistency and continuity of care for families who depend upon year-round support.

We make funding simple. You book your hours, and we remove funding from the first 11 (or 22 hours for eligible parents) you book. If you only book funded hours, then this is totally free of charge.

Additional hours are charged at £8.32 per hour.

Each day a child attends, we ask parents to make a **voluntary contribution of just £1 per day,** and this is added to your invoice and covers things like:

Curriculum enrichment like phonics, yoga, music & movement
Trips, seasonal events, and cultural celebrations
Special activities like gardening, growing butterflies, food play, and sensory room access
Tickets to Parent Workshops, and our cherished 'All About Me' books
Swapping days (where possible)

We can also provide food for your child's day, which is offered at the following rates:

Breakfast (served until 8:30 am)	£2.00 per day
Morning snack	£1.25 per day
Home-cooked hot lunch (2 courses)	£3.50 per day
Afternoon Snack	£1.25 per day
Light cooked tea (served around 4:00 am)	£2.00 per day

We've got your backs! We have a fully inclusive offer available to parents, no bags, no stress, no last-minute packing, just a calm, easy start to your day and complete peace of mind for you.
Just drop your child off and leave the rest to us, for just £2.50 per day for under 3s and £1.00 per day for over 3s, we will provide everything they need. Including nappies, wipes, tissues, a comforter, sun cream and even spare clothes.

When applying for a space on a private contract (extra hours, food and consumables), a £100 one-off registration fee is required. This includes a welcome pack of uniform, a book bag, and a few other goodies for you to enjoy.

My funding doesn't start yet

No problem - you can continue to register your child, and they can begin their journey with us until their funding starts. This means you can enjoy everything outlined above in the meantime.

Once the funding is in place, everything will continue as normal, and your invoice will be reduced accordingly.

Help with your invoice with Tax-Free Childcare

Working parents of children under four can start using Tax-Free Childcare. Under the scheme, parents receive a Government top-up of £2 for every £8 they pay into their Tax-Free Childcare account - so it effectively gives you basic-rate tax back on what you pay, hence the name.

In total, you'll be able to use the scheme to pay for childcare of up to **£10,000 per child each year** – so you could get an extra £2,000 per child (up to £4,000 if your child is disabled) each year.

Say your childcare bill was £500 per month... you would pay £400 per month with the remaining £100 of the bill picked up by the Government; across the year, this would cut your £6,000 annual costs to £4,800.

Tax-Free Childcare will be open to all qualifying parents. The scheme is available to ALL eligible workers, including the self-employed. To qualify, both parents or partners in the household need to be working and earn a minimum of the equivalent of 16 hours/week at the National Living or Minimum Wage (currently £120/week).

You can check whether you could be eligible for the Tax Free Childcare via the government's digital childcare service www.beststartinlife.gov.uk

If your child is born	We need your funding code by	Your funding will begin
Between 1st Jan to 31st March (they will turn 9 months old in Oct, Nov, Dec)	16th December	1st Jan
Between 1st April to 30th June (they will turn 9 months Jan, Feb, Mar)	17th March	1st April
Between 1st July to 30th Nov (they will turn 9 months Apr, May, June, July, Aug)	17th August	1st Sep
Between 1st Dec to 31st Dec (they will turn 9 months in Sept)	16th December	1st Jan

When to apply for funding

Please don't leave it until the last minute to apply.

We need the code ***before*** the deadline to ensure the funding starts on time.

Devon County Council is very strict about this deadline.

How do I Apply for Funding ?

Simply visit the governments digital childcare service at www.beststartinlife.gov.uk

BEST START IN LIFE



And lastly, a few things to think about with viewing settings

Ask to see their Ofsted report.

Ensure they are registered with Ofsted and do not accept anything less than 'Good' or 'Outstanding'. You can check their Ofsted report online by visiting: https://reports.ofsted.gov.uk

Do the children look happy and engaged?

Are the children happy? Pay attention to signs that they're enjoying their time at nursery. The adults should be actively engaging in play, modelling language, and encouraging good manners. You should also see fun and stimulating activities happening every day. Don't hesitate to ask about their daily routine and what exciting plans are in store for the week ahead.

Do they have strong links with the local community?

Reach out to the local early years support team to find out if the nursery regularly engages with them. In addition to their connections with the local authority, do they collaborate with health teams, children's centres, primary schools, and other local settings? Do they invite external groups to support the curriculum, such as sports clubs or animal encounters? Do they work with local businesses, like nursing homes? A nursery that is actively involved with the local community is often more outward-looking and better equipped to help children develop a broader understanding of the world.

What are the team members like?

Enquire about their safer recruitment policy and how they ensure they hire the best team members for their nursery. Take the time to speak with the staff and ask them questions about the nursery and their roles. Don't rely solely on the manager's word - this will give you confidence that the team works well together and supports each other. Ask about their training schedule - when and how often it occurs, and what topics it covers. Also, learn about their individual backgrounds and how they got into childcare. Ultimately, a happy and settled team speaks volumes; the smiles and warm welcomes you receive should say more than words ever could.

Do they offer a wide range of inside and outside play facilities appropriate for all ages?

Are the activities engaging, exciting, and developmentally appropriate for each child? Do they offer variety, including messy play, role play, sensory experiences, and physical activities (both indoors and outdoors)? Is there a balance of adult-led and child-led play? Is there a fun, well-equipped outdoor play area that can be enjoyed in all weather conditions? Do the children play outside regardless of the weather, and do they have an adverse weather policy in place for situations like snow? Are the rooms bright, spacious, and conducive to movement? Are the rooms age-specific, or are children of different ages mixed?
The nursery should be following the Early Years Foundation Stage (EYFS) guidelines, and all staff should have a strong understanding of it. Ask how their activities are linked to their planning and how they support each child's development.

Is the nursery good at communication?

Does the nursery use various methods to communicate with your family, starting with a detailed handover at the end of the day? How do they keep you updated on events and important news? Do they host parents' evenings to discuss your child's progress and future development? Do they have an active and engaging social media presence to showcase daily activities? Ask to see examples of how they communicate with parents - these should be easily accessible and consistent.

Remember, you know best!

As parents, your instincts are crucial when evaluating a nursery. Do you get a positive vibe from the nursery? Is there a comforting aroma of home-cooked food in the air? After all, your child is your most precious gift, and you need to feel confident that they are safe, loved, and well cared for. Take a good look around - is the environment clean? Do the children appear happy and settled? Do the team members present themselves in a professional and caring manner? Trust your gut; you'll know when you've found the right place.